

TIME WASTED IS MUSCLE WASTED¹

KNOWING THE SIGNS COULD CHANGE LIVES



LISTEN to any concerns of parents and ask about their child's motor development



"Her body lacks strength. She stopped meeting normal milestones and hasn't developed new ones."

"He doesn't walk as fast as the other children, and continues to fall more than normal."

"She can't hold her head up during tummy time."



LOOK for signs of motor development delay and muscle weakness

Is the child exhibiting any of these red flags?²

6 months	9 months	12 months	18 months
<ul style="list-style-type: none">▶ Not reaching for or holding (grasping) toys▶ Failing to roll▶ Unable to hold head and shoulder up while on tummy	<ul style="list-style-type: none">▶ Unable to sit without support▶ Not moving in creeping or crawling motion▶ Not taking weight well on legs when held by someone	<ul style="list-style-type: none">▶ Unable to pick up small items using index finger and thumb▶ Not standing holding on to furniture	<ul style="list-style-type: none">▶ Not attempting to walk without support▶ Not standing alone



REFER immediately for an urgent appointment with your local paediatrician if any of these red flags are identified

Material prepared by Biogen Australia Pty Ltd in collaboration with an educational Steering Committee comprising of specialist neuromuscular paediatricians.

References: 1. Lurio J, et al. *Am Fam Physician*. 2015;91:38–44. 2. The Red Flag: Early intervention referral guide for children 0–5 years. Brisbane: Central Queensland Hospital and Health Service, 2016. Available at www.health.qld.gov.au/cq/child-development/docs/red-flag-a3-poster-banana.pdf [Accessed November 2017].

Biogen Australia Pty Ltd.

Avaya Building, Level 3, 123 Epping Road, North Ryde, NSW 2113 Australia. ABN 30 095 760 115.

© 2017 Biogen. All rights reserved. BIO0032. SPZ-AU-0038. Date of preparation: November 2017.

